

**Washington St. Coaches Association  
ISA Fall meeting**

**Sunday, Oct. 12, 2025  
10:00 am  
WIAA offices**

**Agenda**

**In Attendance:** Ciara Ashworth (ATC), Brian Jackson (Baseball), Nalin Sood (Basketball-Boys), Dan Taylor(Basketball-girls), Kevin Ryan (Cross Country), Mark Keel (Football), Ryan Fleisher (Gymnastics), Jens Jensen (Soccer), Kevin Eager (Track & Field), Harrison Lee (Tennis), Suzanne Marble (Volleyball), Brett Lucas (Wrestling), Tawnya Brewer, Rick Giampietri, Rob Friese, Darrell Olsen, Mike Schick, Pat Fritter, Cindy Adsit (WIAA), Tod Whitman (My24/7ed), Tom Sanchez (football guest). Bryn Langrock (Director of Marketing/Girls Flag Football director).

Not in attendance, Dance/Drill, Softball

- I. Call to order – President Olson
- II. Introduction of ISA Reps, Executive Board, guest speakers
- III. Honoring & Remembering Coach Ed Laulainen**
- IV. Remembering Mike Young, WSCA Website manager**
- V. Guest: Tod Whitman from My24/7ed Final Forms - Pat introduce**

For events we need the basics. A description of what you need the clock hours for. Directly to Tod or through the association with Pat.

Pat, we are looking to expand for coaches to get paid through online classes. My24/7ed offers many classes and courses for further steps on the payscale, and or clockhours.

My24/7 and Final Forms they are two separate entities.

Pat talked about Final Forms and WIAA not being on the same page with winter sports clearance as they were not going to post until 10/15 this year.

Suggestion that WSCA integrate their website with My24/7 ed.

- VI. Guest Speakers: Bryn Langrock, Director of Marketing, WIAA**

Girls Flag Football, they reached out to all of the Flag Football Championships on February 13,14. They do not currently have a site for the state championship. The format is not decided as of yet. All but six teams were playing in the winter. There are 106 schools committed to playing Girls Flag Football. It is currently not decided on how many divisions there will be. Still working the the NFL still offering grants.

## **VII. Cindy Adsit, Assistant Executive Director, WIAA**

There was lots of confusion with the NIL money, coaches, and agents. WIAA does not have anything to do with NIL.

Has there been anything about agents getting on the sidelines? There are specific rules outlining who is on the sidelines.

Seeding committees are posted on the WIAA website. Only the league president can change the seeding committees. Apparently there was some confusion with ISA reps being on the seeding committee was they were there to merely observe. Rules about the neutral observer were passed out, to clarify everyone's involvement. A league with 3-16 have one representative, and a league that has 17 or more may have 2. Some leagues only choose Athletic Directors, some retired coaches, some current coaches. Coaches that have teams that have qualified that are on the seeding meeting sometimes recuse themselves of the final vote, though sometimes that is not available. Some sports have different validity than others. Is there an ISA process to recuse yourself and add a replacement. Cindy is asking us to develop a way for the ISA rep to find a replacement as a neutral observer on a seeding committee. Some committees that throw RPI out the window.

Review process for proposed amendments, specific requests from coaches on amendments.

Jens disagreed with the WIAA process on amendments. Limit the variance for field size and a pilot of video review.

Proposed changes to the SOP of Amendment proposals.

Fines and Fees that the WIAA board put out as of last week. This has been a two year process. Fees of coaches getting ejected. This is a means to deter poor behavior. Girls soccer fight with punches, with a one game suspension. Football player spits towards a referee. If you choose to protest at a state event there is a \$100 fine, it was with cash, but now it may take a cc through [GoFans.com](https://www.gofans.com). Within 5 minutes you must come up with the actual rule that was broken. This money is refundable if you were correct with the protest. Jens asked why they think that boys soccer just swears more than everyone else. Cindy states that fans complain more. There should be a swearing rule in all sports, not just soccer. Are there fines for out of season coaching in penalties for violating rules.

The new transfer rule provided a way for students to transfer with a penalty of missing 40% of their season.

Why aren't out of season coaches fined? Cindy, they can be. The form is on the WIAA.

What is evidence? Screen shots of cell phone, actual statements, social media posts. (What if four football players were playing in a summer game) Following a coach to another school is also a one year suspension.

Multiple games in a day and maybe having a general rule for all sports.

The WIAA will no longer print state programs. There is a resource page where you could print it yourself, if that is your request.

## VIII. Approval of March 16, 2025 ISA meeting minutes

Moved and seconded to accept minutes, motion approved

## IX. Financial Report – Rob Frieese

- a. Update on 2025-'26 budget
- b. 2025-'26 WSCA NEW software update is coming to our association
- c. ISA reimbursement for 2025-'26 TBD. Reimbursement to individual sport groups will be based on our financial status on May 1, 2026. We have done for the last couple of years and it has worked for everyone's advantage. **ISA's must submit proper paperwork for reimbursement.** [ISA reimbursements 24/25 \\$68,085.](#)
- d. ISA individual sport bank accounts – each sport must set up their own individual sport bank account's. Keep a copy of your meeting notes. You need officers and a treasurer. Each ISA is responsible for the management of their sport's finances.

## X. Membership: Rob

- Membership update

[Individual members 725, Group Members 2412, Total Members 3137, Active Groups: 71](#)

- Are ALL ISA's current members of the WSCA ?
- NEW: Access to State Tournaments.....what we know at this time

[We are not going to use are cards, but you will be able to go to GoFans.com to retrieve your ticket. Passes are not ours, they are the WIAA's. There are certain requirements for a WSCA member to not get ejected. Mick and the WIAA Staff worked hard to incentivize membership. Discouraged about recent abuses of the pass. Are photo's on cards viable? District tournaments might use the same process. WSCA get an ejection report.](#)

- Membership card will work for District Tournament entry
- NEW REQUEST from WIAA for an updated membership roster 2 wks. prior to state championships.....
- process for requesting roster of coaches in your individual sport group
- all 'personal' coaches information shared with ISA's is CONFIDENTIAL and may not be released to the outside public. We will share a coaches email online
- When do cards get released to coaches electronically? : group &/or individually

- retrieving your membership card if you delete or lose it
- We have the ability to send out mass emails to your coaches' groups if you need to get any news out to your group in a timely manner. Contact Rob Frieese

#### **XI. Mental Health – update**

- Any update from individual sports groups on addressing the mental health issues facing our athletes?
- Is time being devoted, at clinics, to discuss the mental health of our athletes and time given to share with each coach ?
- Is this a front burner issue with individual sport groups ?
- Hilinski's Hope
- The Jason Foundation

WIBCA has addressed this at clinics.

Unified sports leader came to speak at WIBCA clinic .

May is mental health awareness month. Athletic Trainers puts out social media information on.

#### **XII. NEW: process for individual sport groups to follow for sanctioning a post season**

##### **All-Star/All-State game for approval by the Executive Board - Mike**

WSCA can sanction an all star or all state event. It boils down to uniform use. For approved all star games they can wear uniforms, but yes they can use equipment (football only). It's as easy as sanctioned or not.

If a coach is coaching in a non sanctioned event they are not covered by our insurance.

Football has a question about a coach not being a member to nominate a player.

#### **XIII. ISA's – Your Job.....**

- Represent the coaches in your individual sport group
- Be the spokesperson for your sport group
- Communicate to your coaches group information from the WIAA and/or your national sport's association.
- Provide feedback to the WSCA & WIAA regarding any issues related to your sport that may need immediate or long term solutions.
- Provide networking opportunities for your sport group

- Provide educational clock hour opportunities for your coaches
- Be a good financial steward of your individual sport group's financials.
- You are the lead if your sport group wishes to propose an amendment or changes to SOP's to the WIAA for changes to your sport. It will be your responsibility to begin and continue to move the paperwork forward following the procedures approved by the WSCA and the WIAA.....Mike show template on screen
- Send your HOF names, pictures, and write-ups to Mike Schick, Magazine Editor in a timely manner so we may recognize them in the magazine.

**XIV. Report on our insurance carrier Loomis LaPan - Rob**

**XV. WA COACH report – Mike Schick**

- Winter deadline for submission of articles and information in magazine - **Jan. 14**
- WASH COACH magazine publishing schedule
- Hard copies mailed to ISA's ?
- ISA's review website for your sport's Hall-of-Fame Coaches
- Where do HOF applications posted on website get sent if a coach wants to nominate ?
- *Hearing Their Final Whistle* column
- Share good stories from your sport, in the magazine
- WSCA website update: washcoach.net - With the loss of our webmaster, changes to our website are on hold until a work around is found.
- ISA's: review your page and be current with the info on your site.
- Submit bio's from each of you, and a picture, to Mike Schick for the WA COACH magazine

**XVI. ISA Reports on website: How to submit your ISA report on the WSCA website – Brett**

- This could be problematic with no access to website changes

**XVII. Clinic Clock Hours report through 24/7 – Pat Fitterer**

- ISA Groups that have submitted clock hour form/requests through 24/7 for FALL & WINTER individual sports clinics?
- Reminder to submit your clock hour request forms into 24/7 – plan ahead!
- ALL clock hours must be approved by the WSCA Executive Board.

**XVIII. Lifetime Achievement Award – Ryan Fleisher explain to ISA's**

**XIX. Career Recognition Award – Brett Lucas explain to ISA's**

**XX. Lifetime Membership nomination form - Mike explain to ISA's**

**XXI. WSCA Special Project / Event GRANT - Rob**

**XXII. WIAA Amendment process.....Cindy, Rob, Mike, Darrell**

- **Procedures, paperwork, timelines, ISA responsibilities(your are the lead), etc...**
- How does the WIAA amendment process work ?
- How do I get started writing a proposal for an amendment ?
- Who do I talk to ?
- Do I need other 'signatures' of endorsement on my proposal
- Is my proposal going to have a positive/negative 'trickle down affect' on other sports ?
- How long does it take for a proposal to be voted on ?
- If my proposal fails, what are my alternatives ?

**XXIII. WIAA Report ? – Mike Schick**

- Amendment process - deadline for submitting amendments for the 2026-'27 school year was Oct. 10

**XXIV. ISA Reports** – written reports should be submitted online ahead of the meeting. You will give an oral report to the group. Your report will be shown on screen while you are talking.

**XXV. Spring 2026 ISA Meeting date:** I will send a notice out as soon as a date is set.

**XXVI. Go 'round.....**

***Thank you ISA's for attending today's meeting. Thank you for the leadership you provide for your individual sport. Your efforts together make the WSCA a strong professional coaches organization***