

Washington State Track & Field and Cross Country Coaches Associations

2020 Hall Of Fame Banquet & Induction Ceremony

January 17, 2020





MIKE HADWAY



Mike Hadway began his running career in junior high school, but began to find success in high school at Rogers High School in Puyallup. Under the mentorship of coach Jerry Hendrickson, Mike's best year was his senior year where he placed a "disappointing" (his words) 8th place at the 1973 state cross country championships and 3rd in the mile at the 1974 state track championships.

In the fall of 1974, Mike enrolled at Spokane Community College where he was coached by John Buck and Max Jensen, a man who would have the greatest influence on him in cross country and track. In the fall of 1975, Mike finished 4th at the NWAACC cross country championships, helping the team score a conference record low score of 16 points (15 is perfect) in winning the team championship. Later that spring (1976), Mike placed 4th in the mile in 4:15.1 at the track conference championships. He was a member of two NWAACC track conference championship teams.

Mike continued his education and running career in the fall of 1976 at Eastern Washington State College (later, EWU) where he was coached by Jerry Martin. He was a member of the 1977 Evergreen Conference Championship team that qualified for the NAIA national championships and also qualified for the 1978 outdoor NAIA national track championships in the 5000 meters with a personal best of 14:26.2. For many years after college, Mike was one of the top road racers in the state of Washington.

After receiving his Bachelor's degree in teaching from Eastern and a short stay at John R. Rogers High School, Mike began one of the most successful tenures of coaching in the Greater Spokane League and Washington State history at Ferris High School from 1986-2018. His coaching successes in cross country include: 15 state teams, 3 individual champions, 5 team titles, 2 second place finishes, 4 third place finishes, 2 fourth place finishes, and a fifth and sixth place finish. Mike had 28 runners finish in the top 10. In Track, Mike had 3 state champions in each distance event (800, 1600, 3200) and 38 posium finishes, with 9 in the 800, 15 in the 1600, and 15 in the 3200. Mike's cross country teams qualified for the Nike Team Nationals four times, placing 2nd in 2009.

Mike was named Washington State cross country coach of the year 2004 and is a member of the Spokane Community College and NWAACC Hall of Fames.

Mike and his wife Suzanne have two children (Ashley and Josh) who both became runners, and five grandchildren.

Mike's long time involvement in our sport, his incredible success, and his support of coaches and athletes are among the many reasons that the Washington State Cross Country Coaches Association welcome him into our Hall of Fame.



JEF RETTMAN



Jef grew up on the north side of Spokane and graduated from Mead High School in 1987, where he participated in track, cross country, and basketball. During his time at Mead, Jef got a new cross country coach in Pat Tyson, who Jef now joins in the WSCCCA Hall of Fame. After Mead, he went to Eastern Washington University and graduated in 1992 with an English major and history minor. In 1994 Jef finished his Masters Degree in US History from EWU.

Jef began his teaching career at River View High School near Kennewick in 1994. After one year he then moved to Renton to teach at Lindbergh HS. At Lindbergh he taught a wide range of courses in the English Department. Eventually he switched to the History Department and taught US History, Civics, AP US History, and Multicultural Studies.

Jef began coaching in 1998 when the cross country position opened up at Lindbergh. He also coached tennis for two seasons before taking over the track program in 2001. At the end of the 2018/19 school year, Jef retired from coaching CC and Track. Jef's most rewarding and memorable achievements in coaching came from the relationships with athletes and coaches and all the great memories of times spent together. Jef's achievements are numerous and notable.

During his career, Jef's boys and girls teams won 22 League Championships. He had 22 State Qualifying teams, and his boys won the 2011 2A Boys State Championship. Jef also had 5 teams which placed in the top 4 at State. He coached individual state champions Sam Ahlbeck and Sarah Reiter. In 2011 Jef was named State Coach of the Year.

Jef has been married to his wife Tonja Reischl since 1998. Tonja is a teacher in the Issaquah School District. They have 5 nieces and nephews and a dog named Zadie.

Jeff still teaches at Lindbergh. He looks forward to volunteering with the Special Olympics and returning to working on research and writing projects. Jef travels a lot with his wife and he still runs, hikes, cross country skis, and mountain bikes.

Jef's involvement in the sport have affected numerous lives in a positive way. His success speaks for itself, and it is our honor to welcome him into the Washington State Cross Country Coaches Hall of Fame.



WES PLAYER



Wes grew up in Sumter, South Carolina and graduated from Mayewood HS in 1967 . He earned all-league honors in football, basketball, and was a state placer in the long jump and hurdles. Wes likes to remind us that he was NOT a distance runner.

Wes graduated from Brigham Young University in 1973 with a major in physics and minor in chemistry. He did not participate in college athletics. Wes began his teaching career at Mead HS in 1973 and remained there until retiring in 2005. He taught physics and chemistry. After retiring he taught part-time and coached at Deer Park High School.

In the spring of 1974, Wes became an assistant track coach to Duane Hartman at Mead. When Hartman moved on to Spokane CC, Tom Buckner took his place as the head track and field coach and cross country coach. Wes said he knew nothing about the sports but would be happy to fall under Tom's tutelage. Wes was an assistant for 2 years and Tom gradually gave him responsibility for the girls cross country program. Two years later Wes became the official girls coach. Wes coached the girls cross country team from 1981 until 2005. After leaving Mead, Wes coached for 10 years at Deer Park and officially retired in 2015.

One of the things that Wes is most proud of is the LARGE teams he had, with his largest team having 88 girls participating. His biggest goal as a coach was always to help the girls become better people.

Wes Player's teams captured 14 district titles and sent 22 teams to state, where they won a championship in 1988. His teams had 7 second place finishes and 5 fifth place finishes. He calls himself the KING OF ALMOST because 7 times they missed a state championship by one place and 5 times they missed a state trophy by one place! Wes never had an individual state champion in cross country, but 3 of his distance runners in track won state titles. They were Lisa Corp, Sarah Schwald, and Jamie Geissler.

Wes has been happily married to his wife, Kendra, for 47 years and has 4 children, Kristie Rodas, Karen Summers, Dan Player, and Shannon Helm. He has 17 grandchildren and one great grandson.

For now, Wes spends a lot of time doing woodworking. He is currently serving as president of the Deer Park Rotary Club and he also travels quite a bit to visit his children.

Wes' tremendous contributions to our sport, and the many athletes he coached, not to mention the coaches he worked with are the reason we are honoring him with induction into the Washington State Cross Country Coaches Association Hall of Fame.



SAM RING

Sam was born and grew up in Tacoma. While attending Baker Junior High he was encouraged by Hall of Fame coach Dan Watson to turn out for track. After much prodding he did and a track career began. Continuing in school at Mt Tahoma High School he was coached by Hall of Fame coach Bob Ehreinheim gaining much enthusiasm for track and field. After high school Sam spent his collegiate at Central Washington University where he had his greatest success as a runner. While competing for the Wildcats, he won eight league and regional championships in cross country and track and set three CWU records. Sam qualified for seven national championships and earned NAIA All American honors in 1968 and 1969. While still at Central he participated in the steeplechase at the 1968 Olympic trials.

Sam continued his running career after college, becoming one of the original members of Club Northwest, competing in two cross country national championships and winning the first Sound to Narrows race in 1973. He began his coaching career at Mason Junior High in 1970 with his track team winning the league championship in his second year. Sam briefly coached at the University of Puget Sound in 1974 and 75. His 1975 cross country team qualified for the NCAA II national champs. Sam jumped to the high school ranks in 1975, joining Hall of Fame coach Jim Daulley. The 1975 team won the state title with many of the Mason athletes Ring had previously coached. They had a remarkable streak with 4 more state trophies and a 1978 title. (during this same time, Sam was coaching the Bellarmine girl's cross country teams to three state titles).

Sam once again returned to Mason Junior High as track coach in 1980-81. He got the call to return to Wilson and his 1982 squad, led by Darrell Robinson captured the league title. Robinson set the national high school record that year in the 400, running 44.69. That time is still the national high school record today, and at the time it was the world junior record. His 44.69 is considered the top all time running mark of all normally run high school events. In Robinson's senior year he ran in 4 events, won 4, set 4 new state records.

Sam returned to the University of Puget Sound in 1986 where he coached 36 track and All Americans and four individual event national champions. He also coached four straight national women's champion cross country teams from 1992-95.

Once again Sam was called from Wilson, and in 2001 he returned as head track coach. In 2006 his team won the state 4A track title, and in 2011 as a 3A school they took 4th place.

Upon retiring from Wilson in 2019 his track teams had captured 11 League championships. Sam is particularly proud of his track dual meet record of 244 wins against 15 loses. Although they may be losing importance in today's era, Sam loved how dual meets gave track a real time flavor where more athletes could get involved in team competition. In addition to his induction into the Washington State Track and Field Coaches' Hall of Fame, Sam is also a member of these other Halls of Fame: Mount Tahoma High School, Wilson High School, Central Washington University, University of Puget Sound Pierce County Athletic, and The Washington State Cross Country Coaches' Association.

It is with great honor that we welcome Sam Ring into the Washington State Track and Field Coaches Hall of Fame. His tireless commitment to the sport, his important mentorship of his athletes, his collaborative work with all his coaching colleagues, his important contributions, and his service to the WSTFCA, provide us with the opportunity to recognize him with this honor!



BOB SHEEDY

Bob Sheedy began coaching track and field at Manson High School in 1969. He became the head coach at Port Angeles High School in 1972. Forty-three years later, Coach Sheedy decided to step down from his head coaching position at Port Angeles. Very few coaches achieve a successful career that lasts longer than forty years. Coach Sheedy didn't just achieve that, he became an important mentor to a huge number of athletes who consider him to be one of the most important people in their lives! To have that kind of lasting impact is a testament to the transformational powers of the coaching profession. As many would attest, he is known for always having a story to share with others. Today, we get to share his story, one that provides inspiration to track and field coaches around the state!

Bob was born in Iowa, attended school in Chicago, and ended up in the Shoreline area when his parents migrated from Chicago. He achieved athletic success in high school playing three sports: football, basketball and track and field. Upon graduation in 1959, he attended Central Washington University but was forced to leave after one semester and join the Army. Following his service to his country, Bob played one year of basketball at Peninsula College on the school's first team in 1963-1964. Needing to make money to continue his college education, he went to work at Boeing and then attended Shoreline Community College. It was his old high school football coach and his old high school track and field coach who gave him tuition and an opportunity. He completed his college education at Western Washington University.

Upon graduating, Bob began a career in education that provided him the opportunity to coach. Over his career, he coached football, basketball, swimming, and soccer. Coach Sheedy was a genuine proponent of the multi-sport athlete! But it is track and field that is Coach Sheedy's true love!

Coach Sheedy built a successful program at Port Angeles over his forty-two years. He was responsible for starting the girls cross country program and along with the boys team, had great success. His boys and girls teams combined to win 30 cross country league championships, providing a number distance runners who went on to achieve great success in track. Coach Sheedy had eight state champions at Port Angeles and too many individual track and field champions at the league and district levels e to list. Coaching at a time when dual meets held great significance, he guided his girls teams at Port Angeles to a period of 15 years without a home loss. He mentored Greg Thomas who went on to jump 7' 0 1/2" in the high jump at WSU after setting multiple school records, Sherri Felton who led the nation in the high jump in 1977 and went on to become the first girl at the University of Washington to jump over six feet in 1978, Karena Greeny who became the greatest female thrower in Port Angeles history and Penny Graves who went on to compete at the University of Oregon as a six-time track and cross country All-American and an important member of the Duck's elite women's distance squads in the late 1980's that led Oregon to a trio of Pac-10 Conference championships and one national team title.

It is with great honor that we welcome Bob Sheedy into the Washington State Track and Field Coaches Hall of Fame. His tireless commitment to the sport, his important mentorship of his athletes, his collaborative work with all his coaching colleagues, his important contributions, and his service to the WSTFCA, provide us with the opportunity to recognize him with this honor!



BARRY SARTZ

Barry Sartz is best known for his incredible love for kids and a genuine passion for track and field. He believed that Track and Field was the greatest sport on earth and he used that strong belief in his attempt to get every kid involved. It was his unwavering view that every kid mattered and had ability that made him such a powerful force in each athlete's life. Barry believed that a positive experience in athletics was a great way to teach life lessons that would help kids grow into responsible adults. From the time he began coaching high school athletes as an assistant sprint coach at Shadle Park High School until his untimely death in 2018, he used the platform he was provided as a coach to impact the lives of the athletes he coached and the coaches he called colleagues.

A football player and track sprinter at Shadle Park in the early 1970's, he went on to compete at Spokane Community College and Eastern Washington University. To many, it was obvious that Barry was going to be a sprint coach. He began his coaching career at his alma mater, Shadle Park but eventually accepted a position as an assistant coach at Mead, one of the best programs in the state at that time. When he took a teaching position Newport, a tiny school in eastern Washington in 2001 he really began to develop into a Hall of Fame coach. It wasn't easy. Going from Mead to Newport was a culture shock. At Newport, he was the only coach. Soon, his infectious enthusiasm for the sport spread to the kids he got to turn out. With a dirt track unsuitable to host home meets and no coaches, Barry set out to build a team and program. At first he was coaching every event while teaching volunteers how to coach. Barry rallied the community to build a track, coordinating fundraisers, reaching out to people in the community, turning to the resources of local businesses, talents of local citizens, and a grant from Nike. Not many coaches can say they built the track at their school, but that is exactly what Barry Sartz did. How did he follow that up? He started the Newport Relays to showcase the proud accomplishment of his community. Coach Sartz built Newport High School into a track and field powerhouse. According to The Spokesman-Review, before Barry became the coach, Newport boys had scored a total of 18 points in the previous 15 state meets and never had a state champion. In his first eight years at Newport, Barry coached eleven state champions, guided his boys to scoring 249 points at state and his 2005 team won the title with a record 98 points. By the time he left Newport in 2011, six more state champions had been added to the list. That included two athletes that would eventually compete in the NCAA championships, become All-Americans, and go to the U.S. Olympic Trials.

There number of state champions and state placers he has coached as an assistant at other schools. are too numerous to print. Barry was competitive, enthusiastic, and a true proponent of the sport. More importantly, he was dignified, very well respected and one of the most decent men you could ever meet! Above all, he was a family man who didn't sacrifice the true blessings of life for the sake of his sport. Barry is proof you can do it right, and still win! It is hard to lose those we respect and love the very most so let it be known that it is with great honor that we welcome Barry Sartz into the Washington State Track and Field Coaches Hall of Fame. His tireless commitment to the sport, his important mentorship of his athletes, his collaborative work with all his coaching colleagues, his important contributions to his community, and his service to the WSTFCA, provide us with the opportunity to recognize him with this honor!

**Washington State Track & Field
Coaches Association
Executive & Advisory Board Members**

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Treasurer: Kurt Spann
At Large Representatives: Mark Ward, Dennis McGuirre
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**Washington State Cross Country
Coaches Association
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Coach of the Year

WSCCCA

B: Boys- Marshal Harpe-Trout Lake	Girls- Larry Weber-Pope John Paul
1A Boys- Marty Krafcik-Klahowya	Girls- Ken Mulvania-Deer Park
2A Boys- Erin Anderson, Steilacoom	Girls- Jeff Hashimoto-Ellensburg
3A Boys- John O'Leary & Tom Albes-Blanchet	Girls- Erin McCormick-Holy Names
4A Boys- Laurie Porter-Camas	Girls- Pete Whitmore-Redmond

WSTFCA

Girls: Marty Staggs, Okanogan
Boys: Eric Hisaw, Walla Walla

WSCCCA Presidents Service, Middle School & Assistant Awards

President's Service: Rick Glen, Joe McManus
Middle School Recognition: Chris Hoppin, Charles Wright
Assistant Coach Recognition: Josephine Camarillo, Ellensburg

Washington State Cross Country Coaches Association Hall of Fame

1994	Russ Brantner, Omak	Patty Ley-Gig Harbor
LeeCave, Columbia River	Harlan Jackson, Everett	Joe Stewart-Kelso
Herm Caviness, Ferris	Bob McKean, White River	Bill Kemp-Riverside
Larry Eason, Snohomish	2002	Ross Thomas
Larry Hitchcock, Newport	Arvin Blankers, Lynden Christian	2013
Max Jensen, Richland	Burt Wells, Curtis	Gwen Robertson-Issaquah
Barry Savage, Renton	2003	James McLachlan-West Valley
Gary Swanson, Castle Rock	Bruce Hooper, Montesano	Sam Ring-Wilson/Bellarmino
Tracy Walters, Rogers (Spokane)	George Olsen, A.C. Davis	Ron Fleming-Granger
Len Long, North Central	2004	2014
1995	Ernie Goshorn, Lynwood	John Amidon-Olympia
Frank Ahern, Franklin	2005	Terry Rice-Stadium
Brock Hogle, Nathan Hale	HughTower, Lakeside	Dave Rockstrom-Kennewick, Southridge
Keith Gilbertson, Snohomish	John Chaplin, Wapato	Andy Slatt Jr.-O'Dea
1996	2006	2015
Chuck Millard, West Valley (Yakima)	Leo Genest-Blanchet	Jerry Miller-Capital
Father Thomas Sullivan, Seattle Prep	Ed Thenell-Blanchet	Julie Coburn-Marysville
Wayne Worby, Selah	Ken Ruud-Issaquah	Pilchuck
1997	Dave Annonen-Tumwater	Clyde Carpenter-Moses Lake
Bob Summers, Mabton & Tolt (Carnation)	2007	2016
1998	Mike Hubbard-Inglemoor	Ron Huntington-Walla Walla
Tom Campbell, Edmonds	Pete Steiner-EastValley Yakima	Bill Kehoe-Northwest Christian
John Crawford, Pasco,	Pat Tyson-Shorecrest, Mead	John "Doc" Robertson-Seattle Prep
Roger Myers, Edmonds-Woodway	Ed Santos-South Kitsap	2017
1999	2008	Steve Bertrand-Cascade
Jim Freeman, Mount Baker	Mark Cullen-University Prep	Mike Hepper-Richland
Cliff Nixon, Newport (Bellevue)	Jim Berry-ShadlePark	Bob Isitt-Shadle Park
Carl Westerling, South Whidbey	Mike Evans-Lakewood	Nick Lazanis-East Valley
Joel Wingard, Gig Harbor	Bob Mathews-Seattle Lutheran	2018
2000	2009	Phil English-Eisenhower
Robert Guenther, Tyee	Michele Mathay-Puyallup	Mark Anderson-Chelan
Don McFarland, Ephrata	John Payne-Curtis	Erica Hill-Mercer Island
Bob Nolan, Toledo	Bob Barbero, University	2019
Gordon Robertson, Tenino	Steve Llewellyn	Gary Darnold-Lake Roosevelt
2001	2010	Tim Irvin-Bellingham
	Br. Jerry Sullivan-Bellarmino	Mike Mills-Richland
	Art Frey	2020
	Greg Hayashi	Mike Hadway-Ferris
	Art Hutton	Wes Player-Mead
	2011/2012	Jef Rettman-Lindbergh

Washington State Track & Field Coaches Association Hall of Fame

1995	Jack Mooberry Bob Dorr Howard Dolphin Tracy Walters Mitch Angelel Bill Brickert Dan Watson Lowell Wiggins John Eagle Art Frey Noble Moodhe Art Hutton	Longview HS, John Rogers HS (Spokane), Washington State University Bellingham HS East Valley HS (Spokane), West Valley HS (Spokane) John Rogers HS (Spokane) Thorpe HS, Cle Elum High School, Mason JH, Stadium HS, University of Puget Sound Cle Elum HS, Shelton HS, Shelton JH, Capital HS Lincoln HS, Baker JH Highline HS Fort Vancouver HS Lewis & Clark HS Wenatchee HS Clover Park HS, West Valley HS (Yakima), Eisenhower HS, CWU, UW, 1972 Moroccan Olympic Team
1996	Herm Caviness Lee Cave Ike Cummings	Ferris HS, West Valley HS(Spokane), Rogers HS Columbia River HS Eastmont HS, State A-B Championship Meet Director
1997	Frank Ahern Dennis McDonald Jim Dauley George Rowswell	Garfield HS North Thurston HS Baker JH, Wilson HS North Thurston HS, Nespelem HS, Waterville HS, Winlock HS, Chelan HS, Centralia HS
1998	Tom Buckner Spike Arlt	Franklin Pierce HS, Mead HS, Gresham HS (Oregon) Harrington HS, Eastmont HS (Wenatchee), Central Washington University
1999	Jerry Martin Gary Smith	Eastern Washington University Okanogan HS, Bridgeport HS, Castle Rock HS, Omak HS
2000	Joel Wingard George Makela	Peninsula HI, Gig Harbor HS Cashmere HS
2001	Keith Collins Jim Freeman Gary Baskett	Ritzville HS Mt. Baker HS Mead High School
2002	Duane Hartman Warren Logan	Mead HS, Spokane Community College, Mt. Spokane HS Lakes HS
2003	Fred Beckwith Greg Brashear Chuck Millard Bill Green	Garfield HS Garfield HS Highland HS, West Valley HS (Yakima), Yakima Valley College Newport HS(Bellevue), Bellevue HS, Othello HS, Mead HS
2004	Roger Hansen Chuck Byers Gordon Robertson Dwight Cranston	Lake Sammamish HS, Lake Washington HS Sequim HS, Mark Morris HS, White Salmon HS, Lower Columbia College Pe Ell HS, Sultan HS, Tenino HS Onalaska HS, Toledo HS, R.A. Long HS, Mark Morris HS
2005	Barry Savage Herb Callan Gary Swanson	Renton HS Goldendale HS Castle Rock HS
2006	Tim Irvin Eric Lindberg Arnie Young	Bellingham HiS, Squalicum HS Oak Harbor HS Lindberg HS
2007	Jim McLachlan Bill Harris	West Valley HS(Spokane) Federal Way HS

Washington State Track & Field Coaches Association Hall of Fame

2008	Jim Kennett	Mt. Rainier HS
	Dan Blackmer	King's HS
	Jerry Russell	Franklin Pierce HS
2009	Clay Lewis	Hanford HS
	Duane Lewis	Lynnwood HS
2010	Mike Hinz	Pullman HS, USATF Inland Northwest Association
	Joe Stewart	Kelso HS
	Howard Price	Mariner HS
	Pat Pfeifer	Lewis & Clark HS, Ferris HS
	Dr. Ken Foreman	Seattle Pacific University, 1980 U.S. Olympic Team Women's coach, 1983 U.S. Team Coach for the World Outdoor Championships
2011	Larry Royce	Bellevue Christian HS
	John Buck	Spokane Community College
2012	George Beetchenow	Moxee HS, Eisenhower HS, A.C. Davis HS
	Rod Kammenga	Bellingham HS, Squaticum HS
2013	Willie Stewart Jr.	Lakes HS
	Mike Hanby	Steilacoom HS
	Lane Dowell	Bremerton H
2014	Lloyd Pugh	Bremerton HS
	Cliff Nixon	Interlake HS, Newport HS, Bellevue HS, Tyee JH, Arlington JH
	Mark Smith	Washington HS, Franklin Pierce HS, Tacoma Baptist HS
	Phil Pugh	North Mason HS, Woodbrook JH
2015	Mike Burdick	Heritage HS, Union HS, Wy'East JH, Cascade JH
	Tim Clark	Kittitas HS, Central Washington University
	Ken Shannon	University of Washington
2016	Charles "Tuck" Gionet	Snohomish HS
	Cheryl Schauble	Kamiakin HS
	Gwen Robertson	Issaquah HS
2017	Linda Lanker	Community Colleges of Spokane, Valley Christian HS, University HS, Head Coach of the U.S. Women's Junior Team at the 2017 Pan American Games
	John Chaplin	Washington State University, Oregon State University, Wapato HS, Head Coach of the U.S. Men's Team at the 2000 Sydney Olympic Games
2018	Bob Summers	Mabton HS, Tolt HSL, Seattle Christian HS, Olympic College
	Ron Vehrs	East Bremerton HS
	Ted Whan	Burlington-Edison HS
	Mike Mikos	Columbia River HS Snohomish HS, Eastern Washington University
	Don Erickson	Burlington-Edison HS
2019	Phil Lonborg	River Ridge HS, Timberline HS
	Mike Strong	Yelm HS, Bellevue Christian HS, Samammish HS, Cal Berkley, Seattle Pacific University
	Terry Rice	Stadium HS, Curtis HS, Hunt JH, Tacoma Community College
2020	Sam Ring	Wilson HS, Bellarmine Prep HS, Mason JH, University of Puget Sound
	Bob Sheedy	Port Angeles HS, Sultan HS, Manson HS
	Barry Sartz	Newport HS, Deer Park HS, Lakeside HS, Mead HS, Shadle Park HS